



2018 - 2019 School Year Schedule

*Schedule valid Monday, April 8th to Saturday, June 15th, 2019

Class days/times are subject to cancellation due to low enrollment or gym availability changes. We will inform you as soon as possible if this happens.

| CLASS | AGE | LENGTH | MON | TUES | WED | THURS | FRI | SAT |
|--|---------------|--------|---|--|---|-------------------------------------|------------------------|--|
| KINDER GYM - EARLY CHILDHOOD DEVELOPMENT PROGRAM | | | | | | | | |
| Tiny Tots - Girls & Boys. Parent & Child Class | Walkers-2 yrs | 30 min | | | | 9:30-10:00 | | 8:30-9:00 |
| Intro Kinder Gym - Girls & Boys. Parent & Child Class | 2 - 3 Yrs | 45 min | 6:20-7:05 | 11:00-11:45 5:55-6:40 | | 10:10-10:55 5:55-6:40 | 5:10-5:55 | 10:40-11:25 |
| Pre-School Kinder Gym Girls & Boys | 3 - 4 Yrs | 45 min | 11:05-11:50 12:00-12:45 5:15-6:00 | 11:55-12:40 5:00-5:45 6:30-7:15 6:50-7:35 | 2:00-2:45 4:05-4:50 4:30-5:15 5:55-6:40 6:50-7:35 | 4:40-5:25 6:10-6:55 6:25-7:10 | 5:30-6:15 5:45-6:30 | 9:15-10:00 10:30-11:15 11:20-12:05 12:30-1:15 |
| Intermediate Pre-School Kinder Girls & Boys- Instructor approval | 3 - 4 Yrs | 60 min | 6:10-7:10 | 5:15-6:15 | 5:00-6:00 | 5:00-6:00 | 6:05-7:05 | 9:20-10:20 |
| Girls Kinder Gym | 5 - 6 Yrs | 60 min | 5:10-6:10 6:25-7:25 | 4:10-5:10 5:20-6:20 6:25-7:25 | 4:45-5:45 5:05-6:05 6:15-7:15 6:10-7:10 | 4:45-5:45 5:15-6:15 6:25-7:25 | 6:25-7:25 | 10:10-11:10 11:25-12:25 |
| Boys Kinder Gym | 5 - 6 Yrs | 60 min | 6:40-7:40 | | 6:25-7:25 | | | 9:00-10:00 |
| Advanced Girls Kinder Gym Instructor approval | 5 - 6 Yrs | 75 min | 5:00-6:15 | 6:30-7:45 | 5:00-6:15 | 5:35-6:50 | | 9:15-10:30 |
| Future Explorers <small>INVITE ONLY - Athletes MUST enroll in this class + 1 Adv. Girls Kinder/Rec class per week. Future Explorer class day held in Big Gym.</small> | 5 - 7 Yrs | 75 min | | 5:00-6:15 | 5:30-6:45 | | | |

GIRLS RECREATIONAL GYMNASTICS

| | | | | | | | | |
|---|------------|---------|------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-----------|-------------|
| Introductory Girls Gymnastics | 7 - 11 Yrs | 90 min | 5:00-6:30 6:40-8:10 | 5:00-6:30 6:45-8:15 6:55-8:25 | 5:15-6:45 6:40-8:10 6:55-8:25 | 4:45-6:15 6:20-7:50 6:40-8:10 | 6:25-7:55 | 9:00-10:30 |
| Beginning Girls Gymnastics Instructor approval | 7 - 11 Yrs | 90 min | 4:45-6:15 5:15-6:45 | 5:15-6:45 6:25-7:55 | 5:00-6:30 6:55-8:25 | 5:00-6:30 6:55-8:25 | 5:30-7:00 | 10:40-12:10 |
| Intermediate Girls Gymnastics Instructor approval | 7-11 Yrs | 90 min | 6:25-7:55 | 6:55-8:25 | 4:45-6:15* | 5:15-6:45 | | 9:00-10:30 |
| Advanced Girls Gymnastics Instructor approval | 7-11 Yrs | 90 min | 6:55-8:25 | | 4:45-6:15* 5:00-6:30 | | | |
| Teen Gymnastics - Beginner | 12+ Yrs | 90 min | | | 5:15-6:45 | | | 10:40-12:10 |
| Advanced Plus - Instructor approval required. | 9-17 Yrs | 120 min | | | 6:25-8:25 | | | |

* = combined skill levels - This will be Intermediate and Advanced students together. NOT recommended for students new to Intermediate level.

BOYS RECREATIONAL GYMNASTICS

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|--|--------|--------|-----------|--|--|-----------|-----------|-------------|
| Boys Gymnastics | 7 & Up | 90 min | 5:00-6:30 | | | | 6:45-8:15 | 10:10-11:40 |
| Advanced Boys Gymnastics Instructor approval | 6 & Up | 90 min | | | | 7:00-8:30 | | |

SPECIAL NEEDS GYMNASTICS

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|---|------------|--------|--|--|--|-----------|--|--|
| Special Needs Class (All Levels) <small>Contact the RCG Office for more info. Parent participation required as needed.</small> | 4 - 12 Yrs | 45 min | | | | 4:00-4:45 | | |
|---|------------|--------|--|--|--|-----------|--|--|

TUMBLING and ADDITIONAL CLASSES

| | | | | | | | | |
|---|----------|--------|------------|-----------|-----------|--------------------------|--------------------------|-------------|
| Tumbling (Beginning to Intermediate) | 7-17 Yrs | 60 min | | | 6:40-7:40 | | | 12:00-1:00 |
| Tumbling (Advanced) - Instructor approval required | 7-17 Yrs | 60 min | | 5:15-6:15 | | | | |
| Ninja-nastics (younger) | 4-8 Yrs | 45 min | 4:05-4:50* | 4:15-5:00 | 4:15-5:00 | 4:05-4:50* 7:05-7:50* | 5:30-6:15* 7:05-7:50* | 12:15-1:00* |
| Ninja-nastics (older) | 8-12 Yrs | 45 min | 4:05-4:50* | | | 4:05-4:50* | 5:30-6:15* 7:05-7:50* | 12:15-1:00* |
| Homeschool Gymnastics | 7-16 Yrs | 60 min | | 2:30-3:30 | | | | |

* = combined age groups - will be ages 4-12 yrs old together

PRIVATE INSTRUCTION

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|---|----------|----------------|---|--|--|--|--|--|
| Private/Semi-Private Instruction | All Ages | 30, 60, 90 min | Fees and times vary by instructor. Contact the RCG Office for more information. | | | | | |
|---|----------|----------------|---|--|--|--|--|--|

OPEN GYM TIMES

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|--|-----------|--------|---|--|--|--|--|--|
| Play & Learn: Kinder Open Gym \$8.00 Play Card: 5 Visits - \$35.00 | 1 - 6 Yrs | 60 min | Mondays 10:00-11:00 & Thursdays 11:00-12:00 | | | | | |
| Family Open Gym \$10.00 Play Card: 5 Visits - \$45.00 | 1-16 Yrs | 90 min | Saturdays 1:30-3:00pm | | | | | |

TUITION FEES - 10 weeks of classes

| CLASS | COST PER SESSION | CLASS | COST PER SESSION |
|-----------------------------|------------------|--|------------------|
| 30 Minute Gymnastics Class | \$112.50 | 120 Minute Class | \$230.00 |
| 45 Minute Gymnastics Class | \$137.50 | 45 Minute Special Needs Class | \$162.50 |
| 60 Minutes Gymnastics Class | \$157.50 | 60 Minute Tumbling Classes | \$122.50 |
| 75 Minute Gymnastics Class | \$177.50 | 45 Minute Ninja-nastics Class | \$115.00 |
| 90 Minute Gymnastics Class | \$187.50 | 75 minute Future Explorers (2x per week) | \$275.00 |

Home school Gymnastics class - speak with office staff for pricing information!

Family & Multi-Class Discount: Full price for the most expensive class, 20% off for each additional class. Membership required to sign up for classes.

\$50/individual child, \$70/family. Paid one time per year.

| 2018-19 SCHOOL YEAR SESSIONS KEY DATES | EARLY FALL Aug 27-Nov 3, 2018 | LATE FALL Nov 5-Jan 26, 2019 | EARLY WINTER Jan 29-April 6, 2019 | SPRING April 8-June 15, 2019 | SUMMER (Session 1 & 2) June 17-Aug 22, 2019 |
|---|----------------------------------|---------------------------------|--------------------------------------|---------------------------------|---|
| UPCOMING SESSION PRIORITY ENROLLMENT BEGINS FOR MEMBERS | Oct 1-6th | Dec. 10-15th | March 4-9th | May 13-18th | NOT APPLICABLE |
| NEXT SESSION OPEN ENROLLMENT BEGINS | Oct 8th | Dec. 17th | March 11th | May 20th | August 5th |
| REPORT CARDS GO HOME | Oct 22-27th | Jan 14-19th | March 25-30th | June 10-15th | NOT APPLICABLE |
| BRING A FRIEND WEEK (only certain sessions) | NOT APPLICABLE | Jan 14-19th | NOT APPLICABLE | June 10-15th | NOT APPLICABLE |

DATE NIGHTS

For potty trained children ages 4-12 yrs. \$25/child (sibling discount available) covers gym time, games/activities AND a pizza dinner! 5:00-9:00pm on the following Saturday nights. Contact the office to enroll early - these WILL fill up!

4/20 5/18 6/15

Red Cedar Gymnastics

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RCG Office is Staffed: Monday-Thursday 11:00am-8:00pm, Fridays 4:30-8:00pm, Saturdays 9:00am-2:00pm